

### Monday 24<sup>th</sup>:

Dear Lord, we pray today for all those who have non-one else to pray for them. Bless them, guide them and keep them safe, today, tomorrow and always. We pray for all who are sick and need your loving arms around them to know that they are protected. We pray for all who mourn a loved one and need your loving care to dry their tears. Amen

### Tuesday 25<sup>th</sup>

Creator God we make nothing from nothing, but only from what you give us. You are the source of all good things, and on you we depend.

### Wednesday 26<sup>th</sup>:

**Alfred the Great** - He gave half of his income to founding religious houses which themselves acted as Christian centres for education, care of the sick and poor and respite for travellers.

### Thursday 27<sup>th</sup>:

"I ask only one thing Lord: Let me live in your house every day of my life to see how wonderful you are and to pray in your temple." **Psalm 27 v4**

### Friday 28<sup>th</sup>:

**Simon & Jude, Apostles** -Almighty God, who on the day of Pentecost sent your Holy Spirit to the apostles with the wind from heaven and in tongues of flame, filling them with joy and boldness to preach the gospel: by the power of the same Spirit strengthen us to witness to your truth and to draw everyone to the fire of your love;

### Saturday 29<sup>th</sup>: The clocks 'fall back':

by one hour tonight. It may feel like a long time since the blue skies of summer, but this marks the end of British Summer Time. This will mean an extra hour in bed.

### Sunday 30<sup>th</sup>:

O Lord since you are my rock and my fortress, for the sake of your name lead and guide me **Psalm 31 v3**

### Monday 31<sup>st</sup>:

In stillness, in chaos, in the extraordinary and the mundane, God is there, and a lifetime is not enough to explore all the different ways to respond to him. Amen

**Philippians 4:6-7 says, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."**

## OUR DAILY BREAD OCTOBER 2022



**Dear Lord, this is the month when we celebrate Harvest, so we ask your blessing on all the farms, their owners and farm workers in our Parish as well as those in the wider community. As we enjoy your rich harvest may we be truly thankful, each and every day. Amen.**

**Saturday 1<sup>st</sup>** Bountiful God, seed time has ripened into harvest; your earth has yielded fruits. Winter's cleansing cold gave way to spring's gentle warmth, and now summer's full sun has offered us autumn gifts. We savour your presence with grateful hearts. Amen.

### Sunday 2<sup>nd</sup>:

Now he who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness.

**2 Corinthians 9:10**

### Monday 3<sup>rd</sup>:

The symbolic meaning of harvest in Scripture encompasses two main areas: God's provision for us and God's blessing for others. While we celebrate a harvest season just once a year, we experience the spirit of harvest all the time.

### Tuesday 4<sup>th</sup>:

**Francis of Assisi** - Lord God, you made your church rich through the poverty of blessed Francis: help us like him not to trust in earthly things but to seek your heavenly gifts through Jesus Christ our Lord. Amen

### Wednesday 5<sup>th</sup>:

He told them, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.

### Thursday 6<sup>th</sup>:

But by the grace of God I am what I am: and his grace which was bestowed upon me was not in vain; but I laboured more abundantly than they all: yet not I, but the grace of God which was with me. **1 Corinthians 15:10**

### Friday 7<sup>th</sup>:

He knows, He loves, He cares, nothing this truth can dim. He gives His very best to those who leave the choice with Him.

**Saturday 8<sup>th</sup>:**

Dear Father, help us today to embrace all that You have given us in Your Son – forgiveness, hope, encouragement and power to a new life. Amen

**Sunday 9<sup>th</sup>: Harvest Festival**

God is love. Whoever lives in love lives in God. **1 John 4: 16**

**Monday 10<sup>th</sup>:**

**Paulinus, Bishop of York** - Born in the latter part of the sixth century, probably in Italy, Paulinus was among the second group of monks sent by Pope Gregory to England to assist Augustine in his work. Paulinus built the first church in York in about the year 627 and was its first bishop.

**Tuesday 11<sup>th</sup>:**

The Fruits of the Holy Spirit are love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. We pray that we may share in all these.

**Wednesday 12<sup>th</sup>:**

**Wilfrid of Ripon, Bishop, Missionary** - Almighty God, who called our forebears to the light of the gospel by the preaching of your servant Wilfrid: help us, who keep his life and labour in remembrance, to glorify your name by following the example of his zeal and perseverance. Amen

**Thursday 13<sup>th</sup>:**

As we walk in the power of the Spirit transform us into the likeness of Christ, to the glory of your name. Amen (**Peregrini Prayer**)

**Friday 14<sup>th</sup>:**

Let us all take time to appreciate God's creation above us, below us, all around us.

**Saturday 15<sup>th</sup>: Theresa of Avila, Teacher**

"Christ has no body now on earth but yours, no hands but yours, no feet but yours, Yours are the eyes through which to look out Christ's compassion to the world. Yours are the feet with which he is to go about doing good; Yours are the hands with which he is to bless men now."

**Sunday 16<sup>th</sup>:**

The Lord delights in those who put their hope in His unfailing love. **Psalms 147:11**

**Monday 17<sup>th</sup>:**

**Ignatius, Bishop of Antioch** - Ignatius was born probably in Syria in about the year 35AD and was either the second or third bishop of Antioch, the third largest city in the Roman Empire. In the face of persecution he appealed to his fellow Christians to maintain unity with their bishop at all costs. His letters reveal his passionate commitment to Christ, and how he longed 'to imitate the passion of my God'.

**Tuesday 18<sup>th</sup>:**

**Luke the Evangelist** - Almighty God, you called Luke the physician, whose praise is in the gospel, to be an evangelist and physician of the soul: by the grace of the Spirit and through the wholesome medicine of the gospel, give your Church the same love and power to heal. Amen

**Wednesday 19<sup>th</sup>:**

"Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything." —**Muhammad Ali**

**Thursday 20<sup>th</sup>:**

On waking, let us Focus on God, Father, Son and Holy Spirit and ask him to be part of our day, Walking with us every step of the way.

**Friday 21<sup>st</sup> :**

**Circle Prayer** – Circle me Lord. Keep hope within, Keep fear without. Keep peace near, Keep conflict far. Lord bring healing, wholeness of heart, mind and body. Restore strength, renew hope. In your mercy Lord, deliver us.

**Saturday 22<sup>nd</sup>:**

In all things God works for the good of those who love Him, who have been called according to His purpose. **Romans 8:28**

**Sunday 23<sup>rd</sup>: Bible Sunday**

**Remembering the Word of God handed down to us.**

Your Word is the light we see, a guide for our footsteps to where you are found. Your Word is the strength we find when darkness threatens to overwhelm. Your Word is the power we need to become servants of a Heavenly King. Your Word is the reason we live in the sure knowledge you are everything.